

- **Medical Requirements when travelling to Southern African Countries**

Please follow the below link to better understand what vaccines and prophylaxis are advised when travelling to the below countries

Botswana

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/botswana>

Zambia

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/zambia>

Zimbabwe

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/zimbabwe>

Kenya

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/kenya>

Tanzania & Zanzibar

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/tanzania>

Mozambique

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/mozambique>